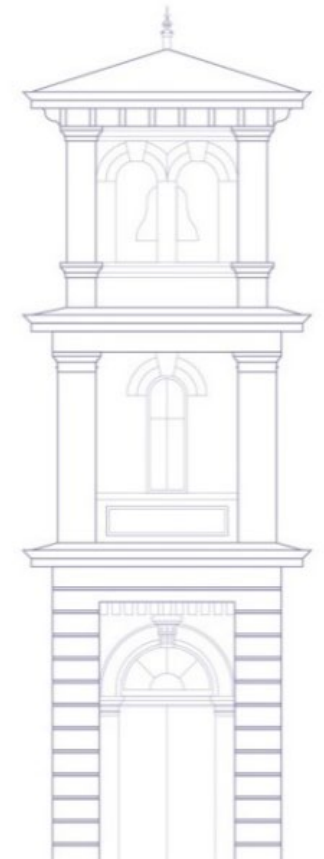


Parent Guide to Learning from Home



Learning from Home - Guidelines for Parents

- ▶ As confirmed by the Prime Minister, Scott Morrison, and Secretary of the NSW Department of Education, Mark Scott, schools will remain open, however; for practical reasons, the NSW Premier has advised parents to keep their children at home, if possible.
- ▶ From 23 March 2020, Hurstville Public School will move to a 'learning from home' model for all students. Students who access the learning from home and those who attend school will engage in the same learning experience.
- ▶ In order to support your child's learning from home, we have created a '**Learning from Home**' link on our school website: <https://hurstville-p.schools.nsw.gov.au/>
- ▶ By accessing this link, you will find *Learning from Home* overviews which include learning activities for students to complete at home or when they are attending school. There are also booklets containing additional resources.
- ▶ These learning sequences will be added to on an ongoing basis. **We will notify parents via School E-news when new learning activities are uploaded.**
- ▶ If you are unable to access these learning resources digitally, a hard copy of these materials can be picked up from the school office.

A new mode of learning

- ▶ This new mode of learning is a new experience for all our students, teachers and parents and will require some time for everyone to get used to. Our teachers have worked very hard to plan and prepare for this transition to minimise any disruption to student learning.
- ▶ For remote learning guidelines please refer to:
https://education.nsw.gov.au/content/dam/main-education/teaching-and-learning/curriculum/learning-from-home/media/documents/Remote_Learning_Guidelines.pdf
- ▶ Encourage your child to establish a daily learning routine and to have routine breaks. Students need to be active, eat food and drink water, and should maintain regular sleep routines. Taking care of themselves is important and will help them learn.
- ▶ Set up a learning environment by creating a safe, quiet and comfortable learning space, free of distractions.
- ▶ For more information, refer to the Department of Education Learning Environment Checklist: https://education.nsw.gov.au/content/dam/main-education/teaching-and-learning/curriculum/learning-from-home/media/documents/Learning_Environment_Checklist.pdf

Communication during Learning from Home

- ▶ To support communication between teachers and students when learning from home, we will be using the following digital platforms:
- ▶ Years K-4: Seesaw <https://web.seesaw.me/>
- ▶ Years 5 & 6: Showbie www.showbie.com
- ▶ Parents/Carers of students in K-4 will receive instructions on accessing Seesaw in the coming week. Each child will receive their own Home Learning Code.
- ▶ K-2 students will require parental support with using Seesaw.
- ▶ Seesaw Introduction for Families: <https://www.youtube.com/watch?v=pzlrtDR84KY>

Feedback from Teachers

- ▶ If your child cannot access Seesaw/Showbie from home, teachers will check in with students via telephone.
- ▶ If you need to contact your child's teacher, please call the school office on 9587 3963.
- ▶ Teachers will aim to provide feedback to students on a daily basis.
- ▶ Teachers will be available to provide feedback during school hours. Please be mindful that teachers are feeding back to a whole class and feedback will not be instant.
- ▶ Teachers will communicate with students via the online learning platforms (Seesaw/Showbie) or via telephone when online access is unavailable.

Outline of a 'Learning from Home' Day

- ▶ Each day, students should familiarise themselves with the activities for the day/session from their “Framework for Learning from Home” (Learning from Home Overview on the HPS website) and organise the resources they will need.
- ▶ Once our digital communication platforms are set up, students should also login to these each morning, if possible.
- ▶ Teachers will post messages about learning tasks from the Learning Frameworks each day on Seesaw (K-4)/Showbie (5-6).
- ▶ Students can use these platforms to ask questions and to show work to their teacher.
- ▶ Students are encouraged not to rush through activities, but to complete all work to the best of their ability.
- ▶ All set tasks should be completed each day.

Digital Learning Resources

- ▶ Students at Hurstville Public School have access to the following digital programs:
- ▶ iMaths – www.imathskids.com.au
- ▶ Soundwaves – www.soundwaveskids.com.au
- ▶ HotMaths – www.hotmaths.com.au (Stage 3 only)

- ▶ A list of **additional online resources** to support your child's learning from home can be found on the *Learning from Home* page on our website.
- ▶ This includes resources compiled by the Department of Education, which are listed under curriculum areas and suitable for independent online/offline learning.
<https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/teaching-and-learning-resources/k-6-resources>

Student Wellbeing

- ▶ Being confined to home for an extended period of time can cause stress and conflict. Tips for looking after your children during isolation include:
- ▶ Talking to your whole family about what is happening. Understanding the situation will reduce their anxiety.
- ▶ Help your child to think about how they have coped with difficult situations in the past and reassure them that they will cope with this situation too. Remind them that the isolation won't last for long.
- ▶ Encourage your child to exercise regularly. Options could include exercise DVDs, dancing, floor exercises, yoga, walking around the backyard or using home exercise equipment, such as a stationary bicycle, if you have it.
- ▶ Encourage your child to keep in touch with family members and friends via telephone, email or social media (where appropriate).
- ▶ The ***Wellbeing at Home*** tab on our school's website contains a list of resources to support your child's wellbeing at home.