

Framework for Learning from Home – Year 1 Term 4 Week

一年级在家学习大纲----第四学期第一周

Monday 4th October is a Public Holiday. Term 4 begins on Tuesday 5th October.

You will need help from a parent/carer. Show each completed activity to your parents so they can check it and/or help you post it on Seesaw.

10月4日星期一为公共假日。第4学期从10月5日星期二开始。

以下作业你有可能须要父母的协助才能完成。请展示父母你已完成的功课。

	Tuesday 5 th October 星期二 十月五日	Wednesday 6 th October 星期三 十月六日	Thursday 7 th October 星期四 十月七日	Friday 8 th October 星期五 十月八日
Task 功课	Take lots of breaks today! 今天请多多休息	Take lots of breaks today! 今天请多多休息	Take lots of breaks today! 今天请多多休息	Take lots of breaks today! 今天请多多休息
Session 1	<p>English 英语</p> <p><u>Sound Waves 音波</u></p> <p>Go to Unit 29 on www.soundwaveskids.com.au Access code: mouse133 在访问代码 www.soundwaveskids.com.au 上进入 29 单元: 鼠标为: 133</p> <p>This week's sound is "oo". Click on the Sound Info Kit. Listen to the chant and do the actions. 本周的声音是"哦 oo"。单击声音信息套件。听吟唱, 做动作</p> <p>Click on List Words, read your</p>	<p>English 英语</p> <p><u>Sound Waves 音波</u></p> <p>Practise your "oo" List Words by writing a sentence for 8 of your words using adjectives, verbs and adverbs. 使用形容词、动词和副词为 8 个单词写一个句子, 练习您的"oo" 列表单词。</p> <p>Optional: Explore the sound and play the Grapheme Sort game on 可选: 探索声音, 并玩图形排序游戏 www.soundwaveskids.com.au Access code: mouse133 代号: mouse133</p>	<p>English 英语</p> <p><u>Sound Waves 音波</u></p> <p>Complete the "oo" Student Activity page (page 62) by going to the Sound Waves website and clicking 'Student Activity Pages' or using the tools on Seesaw or filling it in on the hard copy framework. 通过转到声波网站并单击"学生活动页面"或使用跷跷板上的工具或将其填充在硬拷贝框架上, 完成"oo"学生活动页面 (第 62 页)</p>	<p>English 英语</p> <p><u>Sound Waves 音波</u></p> <p>Complete the "oo" Student Activity page (page 63) by going to the Sound Waves website and clicking 'Student Activity Pages' or using the tools on Seesaw or filling it in on the hard copy framework. 通过转到声波网站并单击"学生活动页面"或使用跷跷板上的工具或将其填充在硬拷贝框架上, 完成"oo"学生活动页面 (第 63 页)</p>

Tuesday 5th October
星期二 十月五日

"oo" words and write them in alphabetical order.

单击列表单词，阅读您的"oo"单词，然后按字母顺序写入它们。

Explore the sound further by clicking on the **Segmenting Tool**. Use this tool to work out how many sounds are in each word.

点击细分工具，进一步探索声音。使用此工具计算出每个单词中有多少声音。

Reading 阅读

Read a levelled book of your choosing from PM eCollection on the app or browser.
<https://app.pmecollection.com.au/login>

在应用或浏览器上阅读您从 PM eColle 中选择的平面书。
<https://app.pmecollection.com.au/login>

Before reading the book, talk about

Wednesday 6th October
星期三 十月六日

Reading 阅读

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<https://app.pmecollection.com.au/login>

Stop on a page in the middle, before turning to the next page, what do you think might happen next?

停在中间的一页上，然后转到下一页，你认为接下来会发生什么？

Writing 写作

If you were allowed to do the grocery shopping, what would you buy? Make a list of 10 food items you would buy and write why you chose each one.

如果你被允许去杂货店购物，你会买什么？列出您将购买的 10 种食品，并写下您选择每种食品的原因

For example:例如

1. Apples. I chose apples because they are very juicy and

Thursday 7th October
星期四 十月七日



Optional: Explore the sound and play the **Unjumbler** game on 可选：探索声音并玩未混音游戏

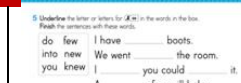
www.soundwaveskids.com.au
Access code: mouse133
密码: mouse133

Reading 阅读

Read a levelled book of your choosing from PM eCollection on the app or browser. 在应用或浏览器上阅读您从 PM eColle 中选择的平放式书
<https://app.pmecollection.com.au/login>

After reading, talk about who was the main character in the story and where was the setting. What was the main problem and how did they solve the problem? 看完后，谈谈谁是故事中的主角，背景在哪里。主要

Friday 8th October
星期五 十月八日



Optional: Explore the sound and play the **Grapheme Trek** game on 可选：探索声音并玩图形迷航游戏

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Access code: mouse133
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Reading 阅读

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<https://app.pmecollection.com.au/login>

After reading the story, retell what happened at the beginning, middle and end. 看完这个故事后，重述了在开始、中间和结尾发生的事情。

Tuesday 5th October 星期二 十月五日	Wednesday 6th October 星期三 十月六日	Thursday 7th October 星期四 十月七日	Friday 8th Octobe 星期五 十月八日
<p>what you think is going to happen by looking at the pictures. 在阅读这本书之前，先看看图片，谈谈你认为会发生什么。</p> <p>Writing 写作</p> <p>写一份你擅长的事情清单。你能想到至少 20 个吗？例如：</p> <ol style="list-style-type: none"> 1. Playing the piano 弹钢琴 2. Dancing 跳舞 3. Being kind 做善事 <p>Go all the way to 20! 一路走到 20 !</p>	<p>delicious to eat. 苹果。我选择吃苹果是因为它们非常多汁和美味。</p> <p>2. Oreo biscuits. I chose Oreo biscuits because they are my favourite thing to eat at Recess time. 奥利奥饼干我选择奥利奥饼干，因为它们是我在休会时最喜欢的东西。</p> <p>Library 图书馆时间</p> <p>We will have a zoom session with Mr Philpott. (See the Seesaw Activity for more details) 我们将与菲尔波特先生进行一次放大会议。（有关详细信息，请参阅跷跷板活动）</p> <p>10:30am-11am: 1D, 1P, 1T 11:30am-12pm: 1C, 1K, 1L, 1W</p>	<p>问题是什么，他们是如何解决问题的？</p> <p>Writing 写作</p> <p>What if you had feathers and could fly like a bird? What would you do? Where would you go? How far would you fly? Write a description in three or more sentences. 如果你有羽毛，能像鸟一样飞呢？你会怎么做？你会去哪里？你会飞多远？用三个或三个以上的句子写一个描述</p> <p>For example:例如</p> <p>If I had feathers and could fly like a bird, 如果我有羽毛，能像鸟一样飞翔 I would 我会_____ because 因为_____.</p> <p>I would also 我也会_____.</p> <p>Finally, I would 最后，我会_____.</p>	<p>Writing 写作</p> <p>Write a letter to a Kindergarten student. Tell them everything they should know about being in Year 1. Write at least three or more sentences. 给幼儿园的学生写信。告诉他们在一年级应该知道的一切。至少写三个或三个以上的句子。</p> <p>For example:例如</p> <p>Dear 敬爱的_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>From (写上你的名字)</p> <p>_____</p>
<p>Break 休息</p>	<p>Break (30mins) Eat and Play 休息 30 分钟吃和玩</p>	<p>Break (30mins) Eat and Play 休息 30 分钟吃和玩</p>	<p>Break (30mins) Eat and Play 休息 30 分钟吃和玩</p>

Tuesday 5th October
星期二 十月五日

Wednesday 6th October
星期三 十月六日

Thursday 7th October
星期四 十月七日

Friday 8th October
星期五 十月八日

Session
2
第二节

Mathematics 数学: Money 钱

Watch both videos:看视频

<https://www.youtube.com/watch?v=s2eDawFb9ro>

https://www.youtube.com/watch?v=nG_KYVXU8n0

Choose 3 Australian coins AND 3 Australian notes. Draw each of these. Colour your 3 coins and 3 notes using the correct colours.

选择 3 枚澳大利亚硬币和 3 张澳大利亚纸币。绘制每个。使用正确的颜色为您的 3 枚硬币和 3 张纸币着色。

Label each of your coins and notes. 标记您的每一个硬币和纸币

Take a photo of your 6 coins and notes. 拍一张你的 6 枚硬币和纸币的照片

Mathematics 数学: Money 钱

Watch the video: 看视频

<https://www.youtube.com/watch?v=0SvRSWQRBD0>

Complete the worksheets:完成下列作业

Optional: Play some games on 可选

Mathematics 数学: Chance 机率

Watch the video: 看视频

<https://www.youtube.com/watch?v=1HbMzUm2IM8>

Complete the worksheets:完成下列作业

Play a game of Heads or Tails.

Ask a family member for a silver coin. Toss the coin 20 times and record how many times you get heads or tails. 玩头或尾的游戏。向家人要一枚银币。掷硬币 20 次，记

Mathematics 数学: Chance 机率

Watch the video: 看视频

<https://www.youtube.com/watch?v=7XuNVVID98g>

Completethe worksheet: 完成下列作业

PDHPE 体育和健康

Use the link to workout with Dean.

使用与迪恩一起锻炼的链接

<https://youtu.be/AGCRto8vup4>

Complete the Balance worksheet. Upload your best poses on Seesaw. 完成余额工作表。在跷跷板上上传最佳姿势

Tuesday 5th October
星期二 十月五日



Optional: Play some games on 可选择: 上网玩一些游戏
www.imathskids.com.au
Access code: down064
代号: down064

PDHPE 健康和体育

Use the link to learn how to play "Memory Fitness with Tim". 使用链接学习如何玩"记忆健身与蒂姆".

<https://youtu.be/DEbz0K4jAc4>

Create your own Memory Fitness game. Ask an adult to take a photo of you playing Memory Fitness and upload on Seesaw.

创建自己的内存健身游戏。请成人

Wednesday 6th October
星期三 十月六日

择: 上网玩一些游戏
www.imathskids.com.au
Access code: down064
代号: down064

WELLBEING WEDNESDAY!

健康愉快的星期三

12:00pm to 3:00pm

Random Acts of Kindness

随意的善良行为

Thursday 7th October
星期四 十月七日

录多少次, 你得到头或尾巴

PDHPE 体育和健康

Use the link to workout with Tim.

<https://youtu.be/rukZTILNilc> 使用链接
与蒂姆一起锻炼。

<https://youtu.be/rukZTILNilc>

Complete the Agility worksheet. 完成敏捷性工作表

GotGame Agility

Agility is defined as an athlete's ability to move at a pace in one direction and then instantly slow down and shift position within a matter of seconds. It can separate a good athlete from a great one. As with any type of sports training, start slowly and focus on maintaining proper form. This will not only help you develop the agility needed to perform at your best, it can significantly reduce your risk of injury.

Using the following objects, design an exercise that you could do at home and try it out. If you wish, film a demonstration explaining and showing how to do each exercise.

Stairs	
Cones	
Skipping rope	
Frisbee	
Swing set	
Tennis ball	

Friday 8th Octobe
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Tuesday 5th October

星期二 十月五日

拍摄您玩记忆健身的照片，并上传到跷跷板(Seesaw)上.

Wednesday 6th October

星期三 十月六日

Complete 3 of the activities on the Challenge Cards. 完成挑战卡上的 3

Socially Distant Random Acts of Kindness Challenge Cards

- Bake a cake or decorate some biscuits and offer them to the people you live with. 
- Offer to help tidy an area of your house or garden, if you have one. 
- Make a pile of clothes or toys that you would like to take to a charity shop. 
- Draw a rainbow to display in your window for people walking past to see. 
- Write or draw something for people in your household. 
- Make someone in your household a snack or a drink. 
- Give someone a compliment. 
- Make a card for a friend or family member that you do not live with and save it until you can give it to them. 
- Phone or video call a family member for a chat. 
- Put on a show for the people you live with. You could sing a song, say a poem or perform a dance. 
- Make a thank you poster for anyone who helps you and your family. For example, the people who deliver your shopping or collect household waste. 
- Ask how you can help around the house. 
- Draw a picture or make a thank you poster for the people who help you in school. 

项活动

Thursday 7th October

星期四 十月七日

Friday 8th October

星期五 十月八日

Break

Break (1 hour)
Eat and Play
休息一小时，吃和玩

Break (1 hour)
Eat and Play
休息一小时，吃和玩

Break (1 hour)
Eat and Play
休息一小时，吃和玩

Break (1 hour)
Eat and Play
休息一小时，吃和玩

Tuesday 5 th October 星期二 十月五日		Wednesday 6 th October 星期三 十月六日		Thursday 7 th October 星期四 十月七日		Friday 8 th October 星期五 十月八日	
休息							
Session 3 第三节	<p>Community Language 语言学习</p> <p>Complete an activity from the Community Language framework on Seesaw.</p> <p>完成在跷跷板上，社区语言框架中的一项活动</p>	<p>WELLBEING WEDNESDAY! 健康愉快的星期三 12:00pm to 3:00pm</p> <p>Continue completing 3 of the Random Acts of Kindness Challenge Cards. 继续完成 3 个随意的善良行为挑战卡。</p>	<p>Creative Arts: <u>Drama Role Play</u></p> <p>Think about what you want to be when you grow up. Pretend that you are a grown up and you are working your dream job. Think of what you would wear, how you would speak and what you would do. Think of a problem that you might have at work. (E.g. you are a doctor and a sick patient visits you OR you are a teacher and your students are misbehaving). How would you feel? What will you do? 想想长大后想做什么。假装你是一个成年人，你正在做你梦想中的工作。想想你会穿什么，你会怎么说话，你会做什么。想想你在工作中可能遇到的问题。（例如，你是一名医生，一个生病的病人来探望你，或者你是一名教师，你的学生行为不端）。你会有什么感觉？你会怎么做？</p> <p>Now it is time for you to act out your scenario! You can use props and dress up so that you are in character. If you need more characters, you can use dolls or ask your family members to join you. 现</p>	<p>Creative Arts: <u>Visual Arts</u></p> <p>Follow the directed drawing of a sunflower for the springtime! 跟随春天向日葵的定向绘图！ https://www.youtube.com/watch?v=i_pQWFkZJrc</p> <p>OR draw a picture of your favourite flower! 或者画一张你最喜欢的花的图片</p> <p>Be creative! Make sure to draw with detail and colour in your picture! You can use any materials you like, including crayons, paint, collage paper, leaves or twigs from outside etc. 有创意！一定要在图片中画出细节和颜色！您可以使用任何您喜欢的材料，包括蜡笔、油漆、拼贴纸、树叶或树枝等。</p>		<p>Home Reading 在家阅读 Read a levelled book from in2era</p>	<p>Home Reading 在家阅读 Read a levelled book from in2era</p>

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<p>tonight with a family member. 今晚和家人一起读一本来自 in2era 的平展书。 www.in2era.com.au</p> <p>Username: Hurstville 使用人名字: Hurstville</p> <p>Password: Hurstville 密码: : Hurstville</p>	<p>tonight with a family member. 今晚和家人一起读一本来自 in2era 的平展书 www.in2era.com.au</p> <p>Username: Hurstville 使用人名字: Hurstville</p> <p>Password: Hurstville 密码: : Hurstville</p>	<p>在是让你表演出你的场景的时候了！你可以使用道具和打扮，让你的性格。如果你需要更多的角色，你可以使用娃娃或要求你的家庭成员加入你。Ask your parent or carer to take a video or picture of you role playing and post it on Seesaw. Have fun acting! 要求您的父母或护理人员拍摄您角色扮演的视频或照片，并将其发布到跷跷板上。演戏玩得开心！</p> <p>Home Reading 在家阅读</p> <p>Read a levelled book from in2era tonight with a family member. 今晚和家人一起读一本来自 in2era 的平展书 www.in2era.com.au</p> <p>Username: Hurstville 使用人名字: Hurstville</p> <p>Password: Hurstville 密码: : Hurstville</p>	<p>Read a levelled book from in2era tonight with a family member. 今晚和家人一起读一本来自 in2era 的平展书 www.in2era.com.au</p> <p>Username: Hurstville 使用人名字: Hurstvill</p> <p>Password: Hurstville 密码: : Hurstville</p>

“oo” List Words

“oo” Extension List Words

BLM WL28 

do	food
to	room
into	cool
who	noon
two	you
too	flew
moon	new
boot	knew

balloon
blew
broom
classroom
flew
grew
juice
school

spoon
threw
through
true
Tuesday
use
used
using

Money and Coins

Coins



Five Cents - 5¢



Ten Cents - 10¢



Twenty Cents - 20¢



Fifty Cents - 50¢



One Dollar - \$1



Two Dollars - \$2

Notes



Five Dollars - \$5



Ten Dollars - \$10



Twenty Dollars - \$20



Fifty Dollars - \$50



One Hundred Dollars - \$100





NA28 Australian coins



Australian coins have special pictures called motifs on the front. Can you name the value of our coins up to \$2?



1 Match the motif to the coin.

2 Match the coin to its value.

			5c
			\$1
			10c
			\$2

3 How many of each coin?

5c	<input type="text"/>	10c	<input type="text"/>	20c	<input type="text"/>
50c	<input type="text"/>	\$1	<input type="text"/>	\$2	<input type="text"/>



4 How many silver coins?

5 How many gold coins?

6 How many coins altogether?

Wednesday – Wellbeing Wednesday Challenge Cards

Socially Distant Random Acts of Kindness

Challenge Cards



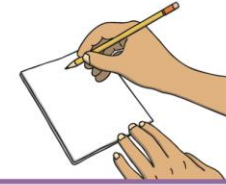
Bake a cake or decorate some biscuits and offer them to the people you live with.



Draw a rainbow to display in your window for people walking past to see.



Write or draw something for people in your household.



Offer to help tidy an area of your house or garden, if you have one.



Make a pile of clothes or toys that you would like to take to a charity shop.



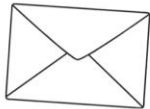
Make someone in your household a snack or a drink.



Give someone a compliment.



Make a card for a friend or family member that you do not live with and save it until you can give it to them.



Phone or video call a family member for a chat.



Ask how you can help around the house.



Draw a picture or make a thank you poster for the people who help you in school.



Put on a show for the people you live with. You could sing a song, say a poem or perform a dance.

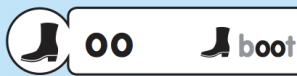


Make a thank you poster for anyone who helps you and your family. For example, the people who deliver your shopping or collect household waste.



Thursday - SOUNDWAVES

Unit
29



List Words

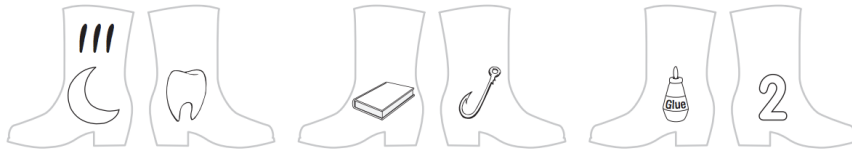
do	two	food	you
to	too	room	flew
into	moon	cool	new
who	boot	noon	knew

Letters

Words

1 Underline the letter or letters for **oo** in each List Word. If any of these are not in the sound box, write them with a word example in the box above.

2 Colour the boot if you hear **oo** in the picture name. Write a stroke in the top of the boot for each sound in the picture name. The first one is done for you.



3 Write **oo** to finish the words. Join the pictures to the correct words.

★ We sometimes write **oo** for **oo**, as in boot.

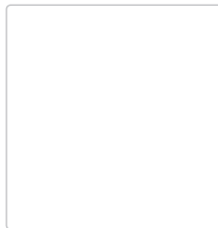
t___ c___l m___n t___th
b___t f___d r___m n___n

4 Write **to**, **two** or **too** in the sentences.
Draw Sue and Tom at school.

Sue has _____ boots.

She wears her boots _____ school.

Tom wear boots _____.



Friday - SOUNDWAVES

5 Underline the letter or letters for **oo** in the words in the box.
Finish the sentences with these words.

do few
into new
you knew

I have _____ boots.

We went _____ the room.

I _____ you could _____ it.

A _____ of us will help _____.

6 Write **Who** to start each question. Answer the questions with words from the box.

_____ says moo?
_____ lives in a zoo?
_____ makes food?
_____ has one tooth?

cook
cow
baby
monkey

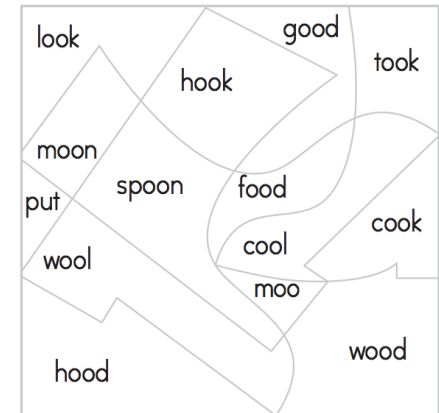
7 Help Sue find her blue boot.

Colour **oo** parts blue.

Colour **oo u** parts red.



Where would Sue keep her boots –
in her pool,
in her room
or
on her roof?







Answer: _____

Thursday: MATHS - CHANCE

Task





1. Choose **LIKELY** or **UNLIKELY** to describe the following events happening

 <p>It will rain on a cloudy day LIKELY UNLIKELY</p>	 <p>Fresh milk will go sour if left in a warm room. LIKELY UNLIKELY</p>
 <p>School will be open on Wednesday. LIKELY UNLIKELY</p>	 <p>We will have ice cream for dinner. LIKELY UNLIKELY</p>

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2. Choose **CERTAIN** or **IMPOSSIBLE** to describe the chance of each event happening.

 <p>If you roll a die, you will roll a number between 7 and 12 CERTAIN IMPOSSIBLE</p>	 <p>If you jump into a pool full of water, you will NOT get wet. CERTAIN IMPOSSIBLE</p>
 <p>A flipped coin will land on heads or tails. CERTAIN IMPOSSIBLE</p>	 <p>Ice cream melts if left in the sun. CERTAIN IMPOSSIBLE</p>

Thursday: PDHPE



Agility

Agility is defined as an athlete's ability to move at a pace in one direction and then instantly slow down and shift position within a matter of seconds. It can separate a good athlete from a great one. As with any type of sports training, start slowly and focus on maintaining proper form. This will not only help you develop the stability needed to perform at your best, it can significantly reduce your risk of injury.

Using the following objects, design an exercise that you could do to at home and try it out. If you wish, film a demonstration explaining and showing how to do each exercise.

<p>Stairs</p> 	
<p>Cones</p> 	
<p>Skipping rope</p> 	
<p>Football</p> 	
<p>Swings (with no one on them)</p> 	
<p>Tennis ball</p> 	

Friday: PDHPE



BALANCING

Pick 5 of your favourite balancing positions and glue them into an order of your choice. Hold each position for 30 seconds and then take photos of you in the poses and send them to your class teacher!



Friday: MATHS - CHANCE

<p>2 Draw something that will happen.</p>	<p>3 Draw something that might happen.</p>
<p>4 Draw something that will not happen.</p>	<p>5 Draw something that always happens.</p>
<p>6 Draw something that sometimes happen.</p>	<p>7 Draw something that never happens.</p>

ISBN 978 | 74135 | 176 7

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