
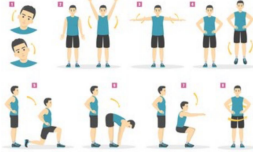
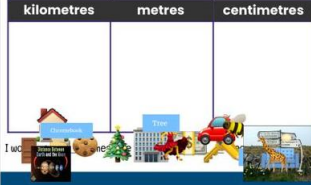



Framework for Learning from Home Week 9 Year 3, Celebrating Wow Week@HPS

	Monday 6 th September	Tuesday 7 th September	Wednesday 8 th September	Thursday 9 th September	Friday 10 th September
9-9:20am	Zoom Roll Call Lesson Overview	Zoom Roll Call Lesson Overview	Zoom Roll Call Lesson Overview	Zoom Roll Call Lesson Overview	Zoom Roll Call Lesson Overview
	Zoom Guided Reading Times vary	Library Zoom Lesson Times vary	Zoom Guided Reading Times vary	Zoom Guided Reading Times vary	Zoom Assembly
Session 1	English	English	English	English	English
	Spelling: Sound focus: w, wh, u and v, ve Choose ten of your spelling words and write them out as pyramid words: For example: biome b bi bio biom biome Soundwaves: Play a game on a sound of your choosing for 15 minutes. Login: www.soundwaveskids.com.au Access code: moss583	Reading: Reading Activity Part 1 WATCH THIS VIDEO ABOUT FIGURATIVE LANGUAGE http://www.viewpure.com/NegoYluXoEA?start=0&end=0 Reading Activity Part 2 1. Watch the video Of Cry Me a River by Rodney McRae http://www.viewpure.com/uhrNQvpqgfY?start=0&end=0 2. Read the attached PDF version of the book. 3. Good readers	Reading: VISUAL LITERACY 1. Watch the video Of Cry Me a River by Rodney McRae http://www.viewpure.com/uhrNQvpqgfY?start=0&end=0 2. Read the attached PDF version of the book. 3. Click on Response and Look at pages 11 and 15. Click edit and finish the sentences. Slide 1: The vectors in this image are the p_____ that contain _____ that man has created in f_____. The vectors take our eyes	Reading: Read the information about moon phases and answer the following questions. Read the information on the moon phases and answer the following questions: 1. What word can be used to complete the sentence below: The Moon cannot make its own... Pick one. gravity water light	Reading: Read a book to your favourite teddy. What was the title of the book? Who is the author? Who is the illustrator? Who is the intended audience? Would you recommend this book to a friend? Why?

	Monday 6 th September	Tuesday 7 th September	Wednesday 8 th September	Thursday 9 th September	Friday 10 th September
	<p>Public Speaking: Using your voice to add meaning to your text is a very important skill to master. Learn the following speech and then record it twice – once with a positive voice, like it is a compliment, then again with a negative voice, as if it is an insult. Send your recordings to your teacher on Seesaw.</p> <p>“You are unlike anyone else I know. You don’t think the same way as anyone else. Your ideas are always strange and unusual. You never worry about what anybody else thinks. You just do whatever you want to do. You are different. Unique. Yes, that is the only word I can think of to describe you.”</p>	<p>visualize, or create mental pictures of what they read about. The story is poetic and full of rich vocabulary, similes, metaphors and personification.</p> <p>RESPOND TO THIS ACTIVITY BY EDITING THE TEMPLATE, USE THE PDF OR WRITE THE RESPONSES IN YOUR WORKBOOK:</p>	<p>from the f_____ to the w_____. These poisons make our waterways s_____.</p> <p>Slide 2 :The most salient part of this image is _____ because _____. We can make our waterways healthy again by _____.</p>	<p>heat</p> <p>2. How far away is the Moon from the Earth in km?</p> <p>3476km</p> <p>384 403km</p> <p>2160km</p> <p>238 857km</p> <p>3. Explain what a lunar month is.</p> <p>4. What word is used to describe when the Moon appears to be getting smaller?</p> <p>5. What is selenophobia?</p> <p>6. Why can humans not live on the Moon (at the moment)? Use evidence from the text to support your answer.</p> <p>7. Who was the first man to walk on the Moon?</p> <p>Vocabulary: Choose 5 words from the reading that are related to the topic and write definitions for them.</p>	

	Monday 6 Th September	Tuesday 7 Th September	Wednesday 8 Th September	Thursday 9 Th September	Friday 10 Th September															
	<p>Writing: Writing with feelings words adds interest to persuasive texts. Look at the two pictures on the attached pages.(Grandma shopping in empty supermarket, Girl grabbing toilet rolls) Choose one to write about using the table.</p> <p>Choose one of the two pictures to write about</p> <table><tr><td colspan="5">I am writing about the grandmother in the supermarket. OR The girl panic buying toilet paper</td></tr><tr><td>Who did I see in this picture?</td><td>What is happening here?</td><td>How is the person behaving?</td><td>How do I feel watching this picture?</td><td>Call to action: What should change about panic buying?</td></tr><tr><td></td><td></td><td></td><td></td><td></td></tr></table> <p>There is a checklist at the end to tick.</p>	I am writing about the grandmother in the supermarket. OR The girl panic buying toilet paper					Who did I see in this picture?	What is happening here?	How is the person behaving?	How do I feel watching this picture?	Call to action: What should change about panic buying?						<p>Writing: A collective noun names a group of people or things, eg. A group of lions = a pride of lions, a group of fish = a school of fish etc. Write a sentence for each of the following collective nouns.</p> <ol style="list-style-type: none">1. a litter of kittens2. a bunch of bananas3. a bouquet of flowers4. A fleet of ships5. a swarm of bees	<p>Writing: Using the attached sheets, choose one of the topics you would like to write about.</p>  <p>Plan and write in 5 paragraphs. Introduction Arguments 1,2, and 3 Conclusion. Use feelings words to express your opinions. Fill in the checklist at the end.</p>	<p>Writing: An adverb is a word that describes how an action is carried out, eg. The cat jumped <u>quickly</u> over the fence. The word ‘<u>quickly</u>’ describes the action of how the cat jumped. Write interesting sentences using the following adverbs:</p> <ol style="list-style-type: none">1. softly2. carefully3. quietly4. playfully5. happily	<p>Writing: A homophone is a word that is pronounced the same (to varying extent) as another word but differs in meaning. Write a sentence for each of the following (use a dictionary to find the meaning of the words you are unsure of the correct meaning):</p> <ol style="list-style-type: none">1. pair2. pear3. blue,4. blew5. right,6. write7. sun,8. son
I am writing about the grandmother in the supermarket. OR The girl panic buying toilet paper																				
Who did I see in this picture?	What is happening here?	How is the person behaving?	How do I feel watching this picture?	Call to action: What should change about panic buying?																
Brain Break	Break (30 min) Eat and Play	Break (30 min) Eat and Play	Break (30 min) Eat and Play	Break (30 min) Eat and Play	Break (30 min) Eat and Play															
Session 2	Mathematics	Mathematics	PDHPE	Mathematics	Mathematics															
	<p>Patterns &Algebra MA2-8NA Today, you are going to investigate odd and even</p>	<p>Patterns &Algebra MA2-8NA Visit the following website and learn</p>	<p>Complete the basketball Challenge. If you don’t have a basketball, use a different type of ball. If you don’t have a ball you</p>	<p>Length: MA2-9MG Drag the different pictures and words and place them in the correct category on the chart.</p>	<p>Length: MA2-9MG Find objects around the house to measure. List the objects on the</p>															

	Monday 6 Th September	Tuesday 7 Th September	Wednesday 8 Th September	Thursday 9 Th September	Friday 10 Th September																																																																																																																																																						
	<p>numbers. Look at the worksheet at the end of this booklet:</p> <div><p>Odd and even numbers</p><table><tr><th>Number</th><th>Factors</th><th>Can you make an array with 2 equal rows?</th><th>Odd or even?</th></tr><tr><td>1</td><td>1x1</td><td>No</td><td></td></tr><tr><td>2</td><td>1x2</td><td>Yes</td><td></td></tr><tr><td>3</td><td>1x3</td><td>No</td><td></td></tr><tr><td>4</td><td>1x4, 2x2</td><td>Yes</td><td></td></tr><tr><td>5</td><td>1x5</td><td>No</td><td></td></tr><tr><td>6</td><td></td><td></td><td></td></tr><tr><td>7</td><td></td><td></td><td></td></tr><tr><td>8</td><td></td><td></td><td></td></tr><tr><td>9</td><td></td><td></td><td></td></tr><tr><td>10</td><td></td><td></td><td></td></tr><tr><td>11</td><td></td><td></td><td></td></tr><tr><td>12</td><td></td><td></td><td></td></tr><tr><td>13</td><td></td><td></td><td></td></tr><tr><td>14</td><td></td><td></td><td></td></tr><tr><td>15</td><td></td><td></td><td></td></tr><tr><td>16</td><td></td><td></td><td></td></tr><tr><td>17</td><td></td><td></td><td></td></tr><tr><td>18</td><td></td><td></td><td></td></tr><tr><td>19</td><td></td><td></td><td></td></tr><tr><td>20</td><td></td><td></td><td></td></tr><tr><td>21</td><td></td><td></td><td></td></tr><tr><td>22</td><td></td><td></td><td></td></tr><tr><td>23</td><td></td><td></td><td></td></tr><tr><td>24</td><td></td><td></td><td></td></tr></table></div> <ul style="list-style-type: none">• Make arrays for the numbers from 6 to 24.• Can you make arrays with 2 equal rows?• What do you notice about the factors of the arrays that you make?• Can you find any patterns?• Think about odd and even numbers... <p>Optional games: www.imathskids.com.au Access Code: nine026</p>	Number	Factors	Can you make an array with 2 equal rows?	Odd or even?	1	1x1	No		2	1x2	Yes		3	1x3	No		4	1x4, 2x2	Yes		5	1x5	No		6				7				8				9				10				11				12				13				14				15				16				17				18				19				20				21				22				23				24				<p>more about odd and even numbers. Take the quiz at the end to test your knowledge.</p> <p>https://www.mathsisfun.com/numbers/even-odd.html</p> <p>Optional games: www.imathskids.com.au Access Code: nine026</p>	<p>can pretend you do.</p> <p>Make sure to warm up first.</p> <div><p>GotGame</p><p>BASKETBALL WARM UP EXERCISES!</p><p>PERFORM AND HOLD EACH STRETCH AND EXERCISE FOR 30 SECONDS!</p></div> <div><p>GotGame</p><p>BASKETBALL SKILLS TO PAY THE BILLS!</p><p>CAN YOU COMPLETE THE FOLLOWING BASKETBALL CHALLENGES?</p><table><tr><th>Throw and catch</th><th>30 seconds</th><th>45 seconds</th><th>1 minute</th></tr><tr><td>How many times can you throw and catch without dropping the ball?</td><td></td><td></td><td></td></tr></table><p>Bounce and catch</p><table><tr><td>How many times can you bounce and catch the ball? Bounce with 1 hand</td><td></td><td></td><td></td></tr></table><p>Bounce with 1 hand</p><table><tr><td>How many times can you bounce the ball with your left hand?</td><td></td><td></td><td></td></tr></table><p>Basketball Drills:</p><table><tr><td>How many times can you bounce the ball from 1 hand to the other hand?</td><td></td><td></td><td></td></tr></table></div>	Throw and catch	30 seconds	45 seconds	1 minute	How many times can you throw and catch without dropping the ball?				How many times can you bounce and catch the ball? Bounce with 1 hand				How many times can you bounce the ball with your left hand?				How many times can you bounce the ball from 1 hand to the other hand?				<div><p>kilometres metres centimetres</p></div> <p>Complete sentence for one of you measures. For example, "I would use cm to measure the length a phone because it's shorter than a metre."</p> <p>www.imathskids.com.au Access Code: nine026</p>	<p>chart. Estimate the length of the object. Find the actual measure of the object and record on the chart to the closest half measure.</p> <div><p>Estimating and measuring length</p><table><tr><th>Item</th><th>Estimate</th><th>Measurement</th></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr></table></div> <p>When all objects have been recorded order the each according to their measure.</p> <p>www.imathskids.com.au Access Code: nine026</p>	Item	Estimate	Measurement																											
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Brain Break	Break (1 hour) Eat and Play	Break (1 hour) Eat and Play	Break (1 hour) Eat and Play	Break (1 hour) Eat and Play	Break (1 hour) Eat and Play
Session 3	Language	Science	Wellbeing Wednesday	Geography	Creative Arts
	<p>PDHPE: Before you start your language lesson do some soccer stretches to get you energised and ready for learning.</p> <p> SOCCER WARM UP EXERCISES!</p> 	<p>Watch the video about the phases of the moon.</p> <p>https://www.youtube.com/watch?v=yXe0yxzYkjo&t=131s</p>  <p>Label each phase of the moon.</p>	<p>Complete a mindfulness guided meditation. You can access these on Smiling Mind or Peaceful Kids.</p> <p>https://www.smilingmind.com.au/ https://www.peacefulkids.com.au/</p>	<p>1. Watch this video https://www.inquisitive.com/video/65-mt-everest</p> <p>2. See the Geography PDF and answer the questions by referring to the Ebook about China's Natural Features or complete your own research.</p> <p>https://www.nationalgeographic.org/encyclopedia/mount-everest/</p>	<p>The amazing flying cylinder!</p> <p>Watch the video of Mr Nurse making an unusual paper aeroplane. Follow the steps and make your own. Have fun, decorate it by colouring, drawing or using paper coloured paper. Take a video of you testing it. If you've done it correctly it should glide smoothly through the air!</p>
	Wow Week@HPS	Wow Week@HPS	Wow Week@HPS	Wow Week@HPS	Wow Week@HPS
Optional	Choose a Wow Week activity for fun.	Choose a Wow Week activity for fun.	Choose a Wow Week activity for fun.	Choose a Wow Week activity for fun.	Choose a Wow Week activity for fun.

For some of the activities you may need your parents help. Show each completed activity to your parents to check.

WOW WEEK

Write a song or rap about our school and perform it. You could write the words and record and upload it.	Do something kind as a surprise for someone in your family and watch them smile.	Talk about something that made you laugh today.	Choose a Peaceful Kids meditation https://www.peacefulkids.com.au/meditations1.html
Lie down, close your eyes and listen to your breath. Imagine you are somewhere amazing. What can you see, hear, feel and taste?	To end the week host a karaoke night with your family and sing your favourite songs together.	Cook your <u>favourite</u> meal with your family.	Using art materials of your choice, draw, paint or <u>create</u> an artwork that would make a great mural on the back of our school hall.
Phone, Facetime, or write a letter to a friend. Tell them all your news. Ask them how they are.	Make a playlist of songs and have a family disco at home! Ensure everyone has the chance to choose <u>their</u> favourite songs.	Create a training video for your <u>favourite</u> sport. Teach us some of the skills associated with the sport of your choice. Maybe some drills or a modified game.	Create a workout or exercise video that will have everybody moving. You can add some music to it too.

YEAR 2 Spelling List

<ul style="list-style-type: none"> • above • adventure • arrival • could've • cover 	<ul style="list-style-type: none"> • evenly • everything • favourite • heavy • invite 	<ul style="list-style-type: none"> • leave • lovingly • serve • seventy • should've • travel 	<ul style="list-style-type: none"> • vacation • video • visit • visitor
<ul style="list-style-type: none"> • afterwards • aqua • awoke • between • forward 	<ul style="list-style-type: none"> • quantity • quest • question • sandwich • sweet • waste 	<ul style="list-style-type: none"> • weather • weekend • welcome • wheat • wheel 	<ul style="list-style-type: none"> • whether • whisper • whistle • woman

YEAR 3 Spelling List

<ul style="list-style-type: none"> • loving • even • we've • river • move • drive 	<ul style="list-style-type: none"> • arrive • drove • leave • video • believe • Favourite • November 	<ul style="list-style-type: none"> • wish • which • while • walk • white 	<ul style="list-style-type: none"> • window • quit • quiz • swish • twist • wonderful • Wednesday
<ul style="list-style-type: none"> • arrival • conversation • environment • evaporate • evidence ● Invention ● receive 	<ul style="list-style-type: none"> • survive • television • vacancy • vacation • vacuum • valuable • variable • vegetable 	<ul style="list-style-type: none"> • adequate • afterwards • aquarium • consequence • hardware • quality • quarter • question 	<ul style="list-style-type: none"> • quietly • reward • swallow • turquoise • twelfth • wealthy ● weather

Panic buying must stop now!

The elderly grandma is standing in front of rows of empty shelves, bones aching, exhausted from walking up and down looking for something to buy to eat. She is crying and wonders how far she will have to go now to do her shopping. Will she find more empty shelves in the next supermarket in the next suburb?





恐慌性购买 现在必须停下来！

- 迈的奶奶正站在一排排空架子前，骨头疼，疲惫不堪，上上下下走着找东西买吃。她哭了，想知道她现在要走多远才能购物。她会走下一里个郊区的下一家超市里发现更多的空货架吗？



Emotive (strong feelings) Writing

The two pictures make us have strong feelings.

Straight away we think about our own grandparents and about selfish shoppers.

Describing pictures like this makes us have stronger feelings so we will agree with the writer's point of view.



情感（强烈感情）写作

- 这两幅画让我们有强烈的感情。马上，我们会想到我们自己的祖父母和自私的购物者。描述这样的图片使我们有更强烈的感情，所以我们会同意作者的观点。

Important Vocabulary

- | | | |
|-----------------|------|-----------------|
| • Panic buying. | 抢购 | Qiǎnggòu |
| • Feelings | 情怀. | Qíng huái |
| • Supermarket. | 超级市场 | Chāojí shìchǎng |

Choose one of the two pictures to write about

I am writing about the grandmother in the supermarket OR The girl panic buying toilet paper.

Who do I see in this picture?	What is happening here ?	How is the person behaving?	How do I feel looking at this picture?	Call to action : What should change about panic buying?

My Checklist

Please tick the following checklist to make sure you have done your best work today.

Checklist for Evidence of Learning Success	Student's Tick	
Have I written using correct spelling?		
Is all of my punctuation correct?		
Have I written using full sentences?		
Have I answered all the questions about one of the pictures?		



Write with strong feelings for your
opinion about the topic you choose.
写你对自己选择的
话题有强烈的感情。



Choose a topic you would like to write about.

选择一个你想写的话题。

A. Rich or healthy. Which is better and why?

富有或健康。哪个更好，为什么？

B. English or Mathematics. Which is more important and why?

英语或数学。哪个更重要，为什么？

C. Would you rather swim or jog to get fitter? Why?

你宁愿游泳还是慢跑来健身？为什么？

Use feelings (emotive) words to give your opinion.
用感情（情感）的话来表达你的观点。

Some Strong, Powerful Emotive Vocabulary:

一些强大，强大的情感词汇：

must, certainly, undoubtedly, obviously, clearly, vital, positively,
totally, essentially, exhausted, elated, excited, satisfied, proud, wealthy,
physical fitness, large bank balance, prefer, equal value,
muscle strength, talent, intelligence, hard-working, opportunities.

当然，毫无疑问，显然，明确，至关重要，积极，完全，基本上，
精疲力竭，兴奋，满意，骄傲，富有，身体健康，大银行余额，
喜欢，等值，肌肉力量，天赋，智慧，勤奋，机会。

Plan your writing so that you have five paragraphs:

Introduction

介绍

Argument 1

参数 1

Argument 2

参数 2

Argument 3

参数 3

Conclusion

结论

My Checklist

Please tick the following checklist to make sure you have done your best work today.

Checklist for Evidence of Learning Success		Student's Tick
Have I written using correct spelling?		
Is all of my punctuation correct?		
Have I written using full sentences?		
Have I used emotive (feelings) words ?		
Have I written five paragraphs ?		

1. Language in “Cry me a River”

Match up the vocabulary using a different coloured straight line for each word.

“Cry me a river!” I said and I watched as shimmering tears ran down her chiselled features and around the brittle tussocks that framed her face like golden locks of amber hair.

“Cry me a river!” I said and her tears welled up in crystal pools and cascaded out over polished stones giving life to everything they touched.

“Cry me a river!” I said and her river of tears met the tree line, and were soothed by cool green moss and moist bark and lichen.

“Cry me a river!” I said and her tears flowed on through valley and thicket, growing stronger and richer, wider and deeper.

shimmering	carved features
chiselled features	formed or made clear ponds of water
brittle tussocks	low land between mountains and hills, often has a river flowing through it.
framed her face (slope of the mountain)	gleaming, glittering, sparkling
valley	fragile, easily broken clump of grass
welled up in crystal pools	small green plant found in damp habitats
polished stones	surrounded or bordered the mountain slope
soothed	undergrowth
moss	low leaflike plant that often grows on rocks and trees
lichen	shiny stones or pebbles
thicket	calmed, pacified

2. Cry Me a River – Personification and Metaphors Draw

Making pictures with words

Explain the connections. What is the mountain being compared to?

1. The mountain stood at the top of the world and looked down upon me.

The mountain is compared to _____

2. I watched as shimmering tears ran down her chiselled features and around the brittle tussocks that framed her face like golden locks of amber hair.

The mountain is compared to _____

3. Her tears welled up in crystal pools and cascaded out over polished stones giving life to everything they touched.

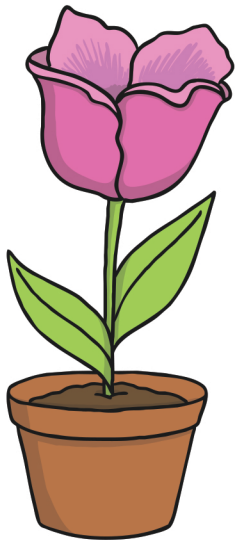
Her tears are _____

4. Her tears became a soothing playground for the children of the land and a quenching fountain for the animals of the forest and the fields and all the birds of the air.

This means that the river _____

Adjective

Adjectives describe nouns or pronouns.



beautiful flower



sparkly diamond



delicious cake

Adverb

Adverbs modify verbs, adjectives or other adverbs.



She ate **slowly**.



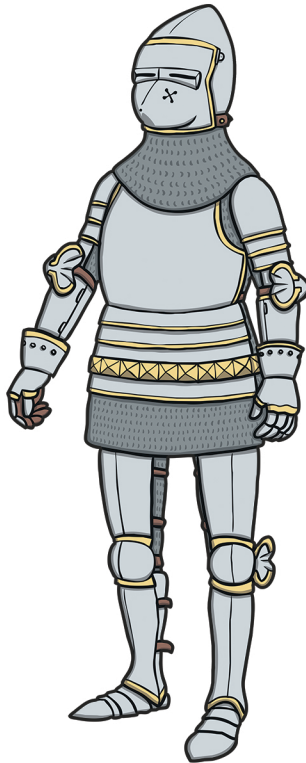
They sang **loudly**.



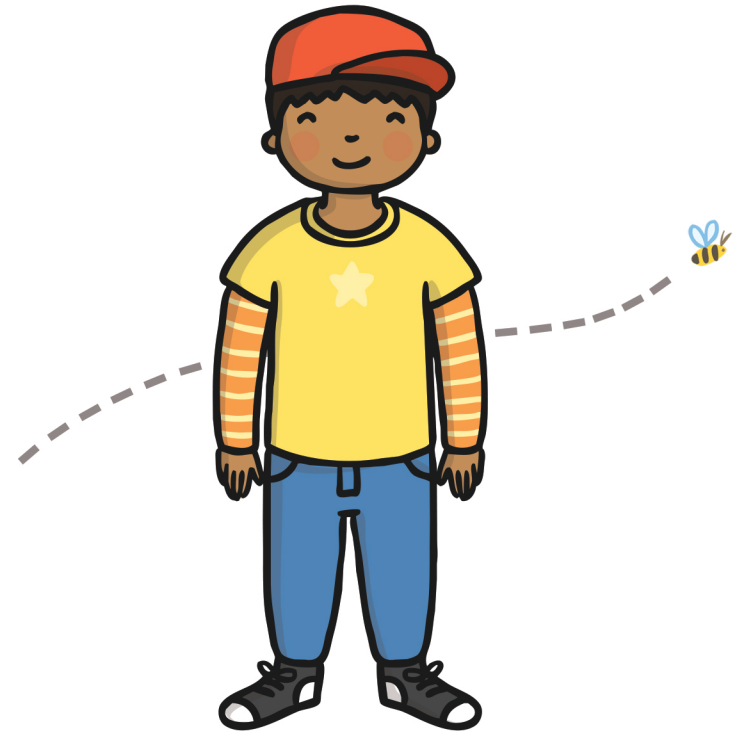
My drink is **very** fizzy.

Metaphors

Metaphors say something **is** something else.



He has the heart of a lion.



Jack is a busy bee.

Similes

Similes say something **is like** something else.



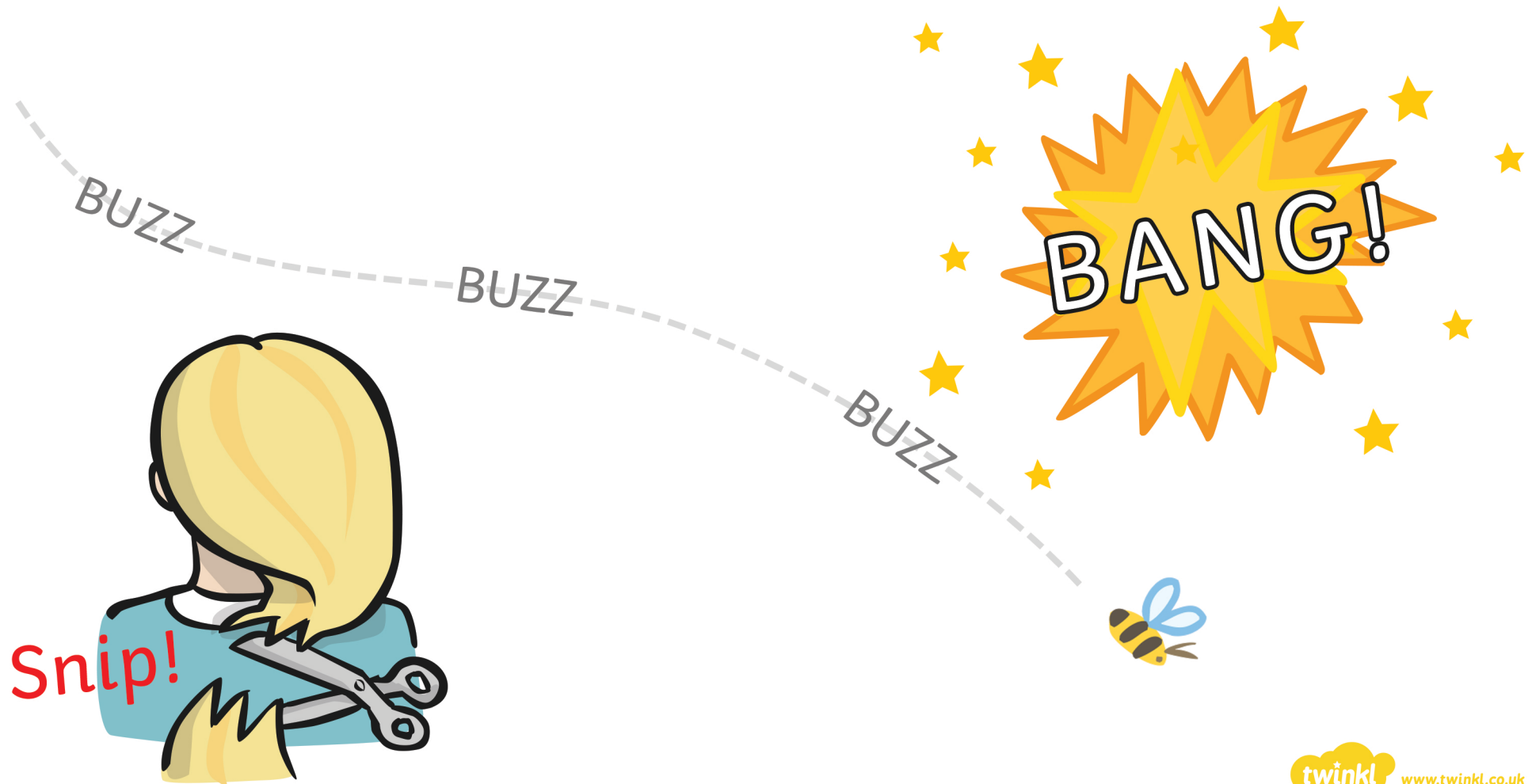
Grandad is wise
like an owl.



She is as graceful
as a swan.

Onomatopoeia

Words that sound like the things they describe.



Alliteration

Words used together that begin with the same sound.



The **W**icked **W**itch
of the **W**est



Isaac's **i**ce-cream
was **i**cy.

Verb

Words that show actions.



Lucy is thinking about
how to solve a problem.



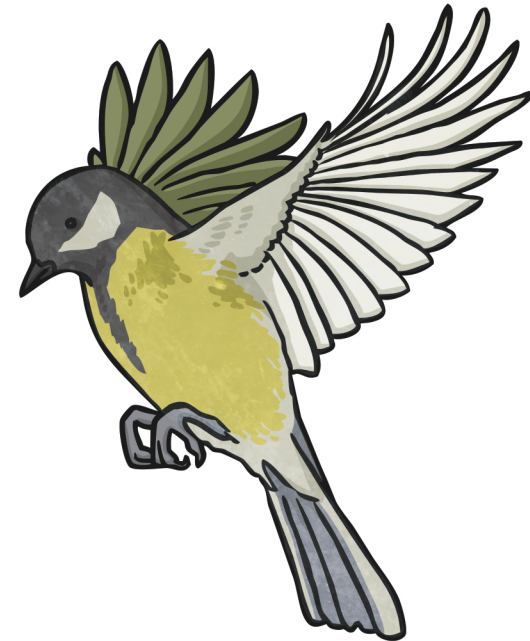
Sam is riding
his bike to school.

Noun

Words name a person, place, object or idea.



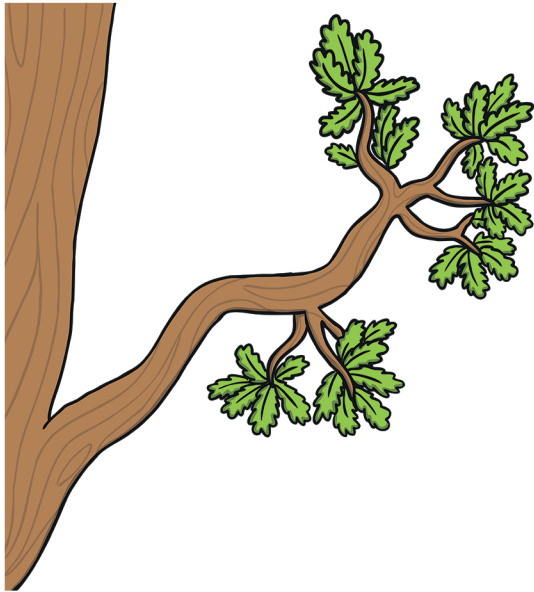
My **grandma** gives
the best advice.



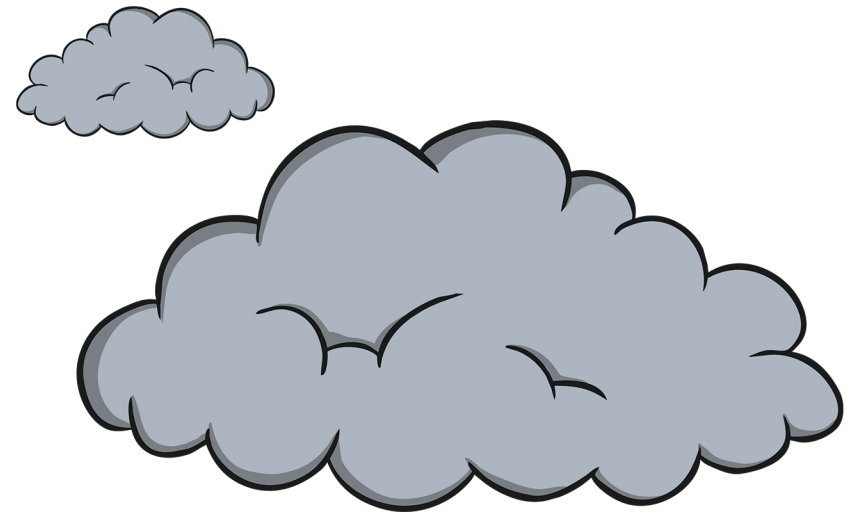
The **bird** flew away.

Personification

Words that describe something as if it was a person.



The tree's leaves
danced in the breeze.



The **angry** clouds
grew overhead.

3**Watch the video: Mount Everest.**

Use the eBook from question two or do your own research to find answers to these questions:

- a** Which Chinese natural feature is in the video? _____
- b** What words would you use to describe it? _____
- c** How many metres above sea level is it? _____
- d** What vegetation grows there? _____
- e** What animals live there? _____
- f** Has anyone ever climbed to the top? _____
- g** This place is also known as the biggest junkyard on earth. Why might this be?

Mount Kosciuszko is the highest mountain in Australia. It is located in southern NSW, in the Kosciuszko National Park.

4

Look at the facts and decide if they are about Mount Kosciuszko or Mount Everest. Draw arrows to the matching mountain.

Is over 2,000
metres tall

Is over 8,000
metres tall

Is covered in snow
all year round

Is only covered in
snow during winter

Mount Kosciuszko



Mount Everest



Only moss and
lichen grow at
the summit

Snow gums
and ash trees
grow there

Wombats, frogs,
possums and
horses live here

Only birds,
spiders and
insects live here

3

Watch the video: **Mount Everest.**

Use the eBook from question two or do your own research to find answers to these questions:

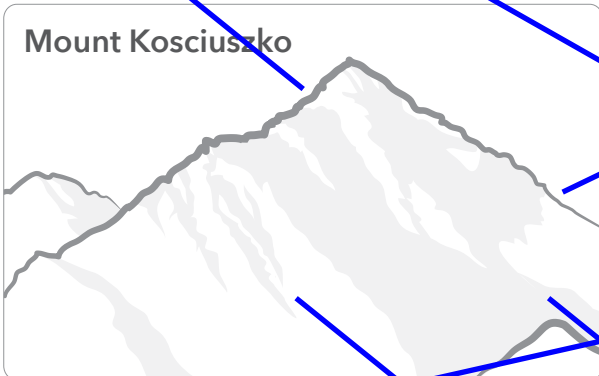
- a Which Chinese natural feature is in the video? Mount Everest.
- b What words would you use to describe it? Magnificent, great, challenging.
- c How many metres above sea level is it? 8,848m.
- d What vegetation grows there? Moss and lichen at the peak. Lower areas, pine trees, fir trees and bamboo.
- e What animals live there? Snow leopards, deers, bears, red pandas, Himalayan red spiders
- f Has anyone ever climbed to the top? Yes, around 5,000 people.
- g This place is also known as the biggest junkyard on earth. Why might this be? People leave behind rubbish, tents, ropes, oxygen bottles and human waste.

Mount Kosciuszko is the highest mountain in Australia. It is located in southern NSW, in the Kosciuszko National Park.


4

Look at the facts and decide if they are about Mount Kosciuszko or Mount Everest. Draw arrows to the matching mountain.

Is over 2,000 metres tall	Is over 8,000 metres tall	Is covered in snow all year round	Is only covered in snow during winter
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Mount Kosciuszko



Mount Everest

Only moss and lichen grow at the summit	Snow gums and ash trees grow there	Wombats, frogs, possums and horses live here	Only birds, spiders and insects live here
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Note: Blue arrows in the original image connect the facts to the mountains. Arrows from 'Is over 2,000 metres tall', 'Is covered in snow all year round', 'Only moss and lichen grow at the summit', and 'Wombats, frogs, possums and horses live here' point to Mount Kosciuszko. Arrows from 'Is over 8,000 metres tall', 'Is only covered in snow during winter', 'Snow gums and ash trees grow there', and 'Only birds, spiders and insects live here' point to Mount Everest.

The Moon

Do you ever look at the Moon at night and see the Moon shining down and lighting up the night-time town? Do you wonder what it would be like to visit the Moon or wonder why it shines so bright? Read on to find out all about our planet's moon.

Moon and Sun




The Moon shines very brightly, but it is only reflecting the light of the Sun because it cannot make its own light. When the Sun comes back up for our daytime, it appears as if the Moon has disappeared, but it doesn't, it's just harder to see because the sky is so bright. Sometimes, if you look carefully, you can see the Moon in the sky during the daytime.

Orbit

The Moon is the Earth's only natural satellite (that means something that orbits a larger object). It takes the Moon about 28 days to go around the Earth once; we call this a lunar month. During this time, we only ever see the same side of the Moon as it rotates slowly whilst it moves around us. The side we see is called the 'near side'.

During its orbit, the angle between the Earth, Moon and Sun changes so the part of the Moon that is lit up cannot always be seen from Earth. This is what gives us the phases of the moon, when it is waxing (growing bigger) and waning (getting smaller) with shapes including crescent and gibbous.

The eight phases of the Moon are:

			
New Moon	Waxing Crescent	First Quarter	Waxing Gibbous
			
Full Moon	Waning Gibbous	Last Quarter	Waning Crescent

The Moon



Moon Facts

- Average Temperature in the day: 107°C
- Average Temperature at night: -153°C
- Distance from Earth: 384 403km
- Diameter (distance from one side to the other): 3476km
- Length of Day: 708 hours

What Is It Like on The Moon?

The Moon is extremely hot during the day but very cold at night. The surface of the Moon features a vast number of craters that have occurred after collisions with comets and asteroids. The Moon has many mountains, the tallest of which is Mons Huygens. It is 4700 metres tall; half the height of Mount Everest.

The Moon does not have an atmosphere like Earth does and therefore it is not possible to breathe on the moon without a special suit and tanks containing oxygen. The moon is also a very dry place and was thought to be completely without water. However, about a decade ago, traces of water were discovered. Some people now believe that humans may one day be able to live on the Moon.

Only 12 people have ever walked on the Moon. The first person to do this was Neil Armstrong on 20th July 1969. When he first walked on the Moon, he famously said, 'That's one small step for man, one giant leap for mankind'. There were two other men on the mission: Edwin 'Buzz' Aldrin and Michael Collins. Together, they formed the crew of the Apollo 11 mission. It took them just over three days to get there from Earth, blasting off in a Saturn V rocket from the Kennedy Space Centre, USA on July 16th 1969.

You may have seen a film of people bouncing, rather than walking on the Moon. It isn't quite the same as walking on the Earth because the Moon's gravity is weaker than the Earth's gravitational force so people take longer to return to the surface when they go up in the air.

Did You Know...?

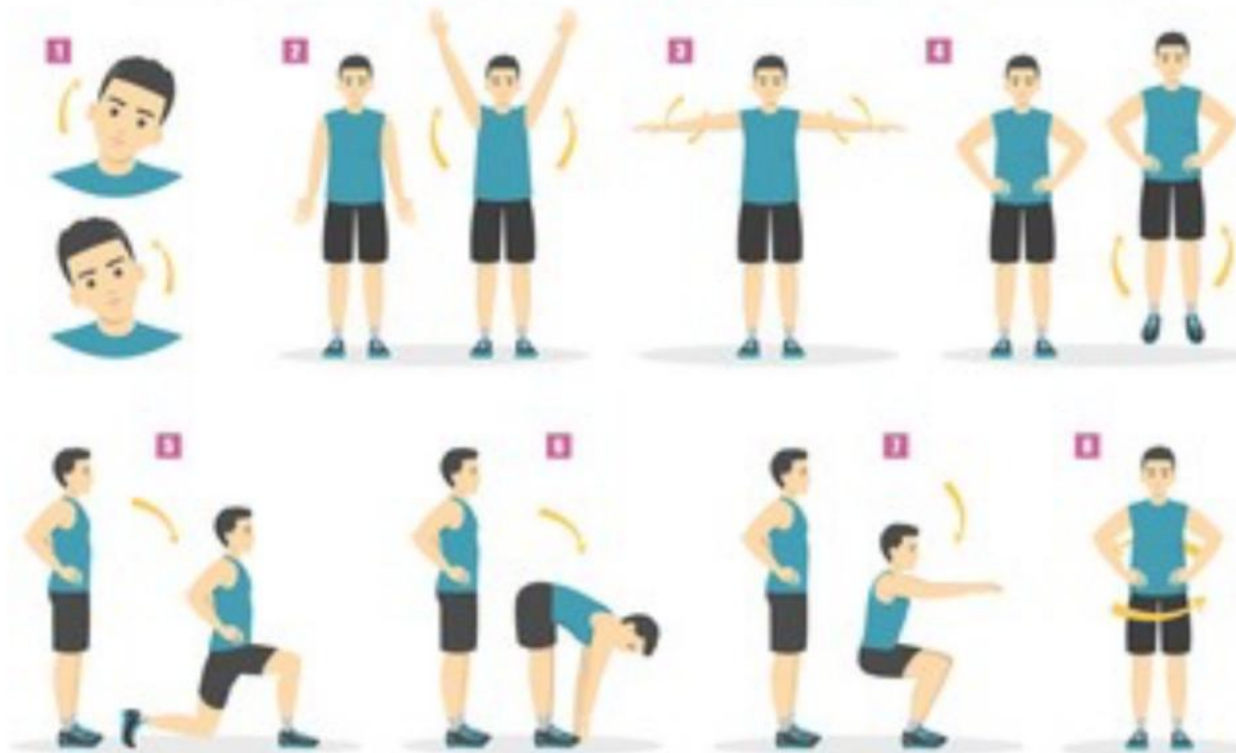
'Selenophobia' is the fear of the Moon.




GotGame



BASKETBALL WARM UP EXERCISES!


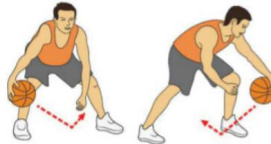
PERFORM AND HOLD EACH STRETCH AND EXERCISE FOR 30 SECONDS!




BASKETBALL SKILLS TO PAY THE BILLS!

CAN YOU COMPLETE THE FOLLOWING BASKETBALL CHALLENGES?	30 SECONDS	45 seconds	1 minute
<p>Throw and catch</p>  <p>How many times can you throw and catch without dropping the ball?</p>			

<p>Bounce and catch</p>  <p>How many times can you bounce and catch the ball?</p>			
<p>Bounce with 1 hand</p>  <p>How many times can you bounce the ball with your right hand?</p>			

<p>Bounce with 1 hand</p>  <p>How many times can you bounce the ball with your left hand?</p>			
<p>Basketball Drills:</p>  <p>How many times can you bounce the ball from 1 hand to the other hand?</p>			

SOCCER WARM UP EXERCISES!

 <p>HIGH KNEES FOR 30 SECONDS</p>	 <p>Swing and kick each leg forwards and backwards for 20 seconds</p>	 <p>Tuck Jumps for 15 seconds</p>
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 <p>Reach for toes and hold for 20 seconds</p>	 <p>Kneel and push hips forward and hold for 20 seconds</p>	 <p>Hold ankle and stretch quadricep for 20 seconds</p>
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Odd and even numbers

Number	Factors	Can you make an array with 2 equal rows?	Odd or even?
1	1x1	No	
2	1x2	Yes	
3	1x3	No	
4	1x4, 2x2	Yes	
5	1x5	No	
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			