

**Framework for Learning from Home - Orange Class Week 5, Term 3**

You will need help from a parent/carer. Show each completed activity to your parents so they can check it.

	Monday	Tuesday	Wednesday	Thursday	Friday
	9.8.21	10.8.21	11.8.21	12.8.21	13.8.21
<b>Morning</b>	<p><b>English</b></p> <p><u>Daily diary</u></p> <p>Fill in your daily diary for today (in your pack)</p> <p><u>Spelling</u></p> <p>Complete one sight word spelling worksheet (in your pack)</p> <p><b>Crunch and Sip</b></p>	<p><b>English</b></p> <p><u>Daily diary</u></p> <p>Fill in your daily diary for today (in your pack)</p> <p><u>Spelling</u></p> <p>Complete one sight word spelling worksheet (in your pack)</p> <p><b>Crunch and Sip</b></p>	<p><b>English</b></p> <p><u>Daily diary</u></p> <p>Fill in your daily diary for today (in your pack)</p> <p><u>Spelling</u></p> <p>Complete one sight word spelling worksheet (in your pack)</p> <p><b>Crunch and Sip</b></p>	<p><b>English</b></p> <p><u>Daily diary</u></p> <p>Fill in your daily diary for today (in your pack)</p> <p><u>Spelling</u></p> <p>Complete one sight word spelling worksheet (in your pack)</p> <p><b>Crunch and Sip</b></p>	<p><b>English</b></p> <p><u>Daily diary</u></p> <p>Fill in your daily diary for today (in your pack)</p> <p><u>Spelling</u></p> <p>Complete one sight word spelling worksheet (in your pack)</p> <p><b>Crunch and Sip</b></p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Writing activity</u></p> <p>Complete the procedure worksheets in your pack</p>	<p><u>Writing activity</u></p> <p>Complete the procedure worksheets in your pack</p>	<p><u>Writing activity</u></p> <p>Complete the procedure worksheets in your pack</p>	<p><u>Writing activity</u></p> <p>Complete the procedure worksheets in your pack</p>	<p><u>Writing activity</u></p> <p>Complete the procedure worksheets in your pack</p>
<p><u>Reading Activity</u></p> <p>Read a home reader online and complete the interactive comprehension quiz:</p> <p>1. Logo on to In2era <a href="http://www.in2era.com.au">www.in2era.com.au</a></p> <p>Username: hurstville Password: hurstville</p> <p>2. Click on the 'WINGS Readalong' icon at the top, then select your reading level</p>	<p><u>Reading Activity</u></p> <p>Read a home reader online and complete the interactive comprehension quiz:</p> <p>1. Logo on to In2era <a href="http://www.in2era.com.au">www.in2era.com.au</a></p> <p>Username: hurstville Password: hurstville</p> <p>2. Click on the 'WINGS Readalong' icon at the top, then select your reading level</p>	<p><u>Reading Activity</u></p> <p>Read a home reader online and complete the interactive comprehension quiz:</p> <p>1. Logo on to In2era <a href="http://www.in2era.com.au">www.in2era.com.au</a></p> <p>Username: hurstville Password: hurstville</p> <p>2. Click on the 'WINGS Readalong' icon at the top, then select your reading level</p>	<p><u>Reading Activity</u></p> <p>Read a home reader online and complete the interactive comprehension quiz:</p> <p>1. Logo on to In2era <a href="http://www.in2era.com.au">www.in2era.com.au</a></p> <p>Username: hurstville Password: hurstville</p> <p>2. Click on the 'WINGS Readalong' icon at the top, then select your reading level</p>	<p><u>Reading Activity</u></p> <p>Read a home reader online and complete the interactive comprehension quiz:</p> <p>1. Logo on to In2era <a href="http://www.in2era.com.au">www.in2era.com.au</a></p> <p>Username: hurstville Password: hurstville</p> <p>2. Click on the 'WINGS Readalong' icon at the top, then select your reading level</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>3. Select a book to read or press the audio button to have the book read to you</p> <p>4. Complete the interactive quiz</p>	<p>3. Select a book to read or press the audio button to have the book read to you</p> <p>4. Complete the interactive quiz</p>	<p>3. Select a book to read or press the audio button to have the book read to you</p> <p>4. Complete the interactive quiz</p>	<p>3. Select a book to read or press the audio button to have the book read to you</p> <p>4. Complete the interactive quiz</p>	<p>3. Select a book to read or press the audio button to have the book read to you</p> <p>4. Complete the interactive quiz</p>
<b>Break and Play</b>	30 minutes	30 minutes	30 minutes	30 minutes	30 minutes
<b>Middle</b>	<p><b>Physical Activity</b> Do the HPS Motivational Monday workout on Seesaw for 10 minutes <a href="https://youtu.be/dYw2dLznFw0">https://youtu.be/dYw2dLznFw0</a></p> <p><b>Mathematics</b> Complete two maths worksheets (in your pack)</p>	<p><b>Physical Activity</b> Do the HPS Tremendous Tuesday workout on Seesaw for 10 minutes <a href="https://youtu.be/PA MHaUdmNb4">https://youtu.be/PA MHaUdmNb4</a></p> <p><b>Mathematics</b> Complete two maths worksheets (in your pack)</p>	<p><b>WELLBEING AFTERNOON</b></p> <p>Have the afternoon off to do something fun with a family member</p>	<p><b>Physical Activity</b> Do the HPS video workout on Seesaw for 10 minutes <a href="https://youtu.be/II-5seqtXmI">https://youtu.be/II-5seqtXmI</a></p> <p><b>Mathematics</b> Complete two maths worksheets (in your pack)</p>	<p><b>Physical Activity</b> Move around the room using: 1. Baby steps 2. Giant steps 3. Walking backwards -Using quick steps -Using slow steps -Crawling <a href="https://youtu.be/qa3cHK-0V_g">https://youtu.be/qa3cHK-0V_g</a></p> <p><b>Mathematics</b></p>

	Monday	Tuesday	Wednesday	Thursday	Friday
					Play a game of Uno, Snap or Monopoly with a family member
<b>Break and play</b>	One Hour	One Hour	One Hour	One Hour	One Hour
<b>Afternoon</b>	<p><b>Integrated Unit Olympics</b></p> <p>Complete the Australians in the Olympics Games worksheet (in your pack).</p> <p>Post a picture of your work to Seesaw.</p>	<p><b>Handwriting Fine Motor Skills</b></p> <p>Complete the handwriting sheet in your pack.</p> <p>Post a picture of your work to Seesaw.</p>	<p><b>WELLBEING AFTERNOON</b></p> <p>Have the afternoon off to do something fun with a family member</p>	<p><b>CAPA</b></p> <p>Complete one of the mindfulness Olympic colouring in pages in your pack.</p> <p>Post a picture of your finished artwork to Seesaw.</p>	<p><b>Sport/fitness</b></p> <p>Living Room Olympics. Complete laps around your living room or backyard in the following ways:</p> <ol style="list-style-type: none"> <li>1. Hop</li> <li>2. Run</li> <li>3. Jump 1 footed</li> <li>4. Skip</li> <li>5. Shuffle</li> <li>6. Jump 2 footed</li> <li>7. Walk Backwards</li> <li>8. Dance</li> <li>9. Gallop</li> <li>10. Tiptoe</li> </ol>

