


# Framework for Learning from Home – Early Stage 1

You will need help from a parent/carer. Show each completed activity to your parents so they can check it.

	Monday	Tuesday	Wednesday	Thursday
Task	Have you made your bed?	Could you organise your toys?	Can you help make lunch?	How can you help a family member?
Morning	<p><b>Morning Routine</b></p> <p>Sing days of the week song <b>or</b> practise saying the days of the week</p> <p><a href="https://www.youtube.com/watch?v=8GKmCQOy88Y">https://www.youtube.com/watch?v=8GKmCQOy88Y</a></p> <p>Discuss with your child what day it is today, what day it was yesterday and what day it will be tomorrow.</p> <p><b>English</b></p> <p>Make your focus fox words out of playdough or write these words in your scrapbook. This week's focus fox words are: <b>it, are, you, hot, cool</b></p>	<p><b>Morning Routine</b></p> <p>Sing months of the year <b>or</b> practice saying the months of the year</p> <p><a href="https://www.youtube.com/watch?v=Fe9bnYRzFvk&amp;list=PLV4susC4x15oEZ9AQUMEvPQxkh5j2q0uH&amp;index=7&amp;t=0s">https://www.youtube.com/watch?v=Fe9bnYRzFvk&amp;list=PLV4susC4x15oEZ9AQUMEvPQxkh5j2q0uH&amp;index=7&amp;t=0s</a></p> <p>Tell your parents the months of the year. What month is your birthday in?</p> <p><b>English</b></p> <p>Rainbow write your focus fox words: <b>it, are, you, hot, cool</b></p> <p>Read a book with a parent/carer <b>or</b> listen to a story from Storyline Online: <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p>	<p><b>Morning Routine</b></p> <p>Sing days of the week song <b>or</b> practise saying the days of the week</p> <p><a href="https://www.youtube.com/watch?v=8GKmCQOy88Y">https://www.youtube.com/watch?v=8GKmCQOy88Y</a></p> <p>Discuss with your child what day it is today, what day it was yesterday and what day it will be tomorrow.</p> <p><b>English</b></p> <p>Choose 2 colours and write your focus fox words: <b>it, are, you, hot, cool</b></p> <p>Read a book with a parent/carer <b>or</b> listen to a story from Storyline Online: <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p>	<p><b>Morning Routine</b></p> <p>Sing months of the year <b>or</b> practise saying the months of the year</p> <p><a href="https://www.youtube.com/watch?v=Fe9bnYRzFvk&amp;list=PLV4susC4x15oEZ9AQUMEvPQxkh5j2q0uH&amp;index=7&amp;t=0s">https://www.youtube.com/watch?v=Fe9bnYRzFvk&amp;list=PLV4susC4x15oEZ9AQUMEvPQxkh5j2q0uH&amp;index=7&amp;t=0s</a></p> <p>Tell your parents the months of the year.</p> <p>What month is another family member's birthday?</p> <p><b>English</b></p> <p>Rainbow write your focus fox words: <b>it, are, you, hot, cool</b></p> <p>Read a book with a family member <b>or</b> listen to a story from Storyline Online: <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p>

	Monday	Tuesday	Wednesday	Thursday
	<p>Read a book with a parent/carer <b>or</b> listen to a story “Big pig on a dig” online  <a href="https://www.youtube.com/watch?v=XeFvzm4ztyo">https://www.youtube.com/watch?v=XeFvzm4ztyo</a>            How many words had the ‘i’ sound in them? E.g. big</p> <p><b>Soundwaves</b></p> <p>Today’s sound is “i”. Listen to the chant on seesaw.</p> <p>Explore the sound “i” on Soundwaves kids.</p> <p><a href="http://www.soundwaveskids.com.au">www.soundwaveskids.com.au</a></p> <p>Complete the student book activity.</p>	<p><a href="#">et/</a>. What interesting words can you find in the story? Identify all the characters in the story and talk about them with your parent/carer. What do they look like? What do they do? What do they like/dislike? Draw this character in your workbook and label or write about them. Add lots of detail.</p> <p><b>Soundwaves</b></p> <p>Today’s sound is “o”. Listen to the chant on seesaw.</p> <p>Explore the sound “o” on Soundwaves kids.</p> <p><a href="http://www.soundwaveskids.com.au">www.soundwaveskids.com.au</a></p> <p>Complete the student book activity.</p>	<p><a href="#">et/</a>. Can you find some punctuation in the story, for example full stops and capital letters? Talk to your parent/carer about them.</p> <p><b>Soundwaves</b></p> <p>Today’s sound is “u”. Listen to the chant on seesaw.</p> <p>Explore the sound “u” on Soundwaves kids.</p> <p><a href="http://www.soundwaveskids.com.au">www.soundwaveskids.com.au</a></p> <p>Complete the student book activity.</p>	<p>How were the characters feeling at the beginning and then at the end of the story? What made them feel this way?</p> <p><b>Soundwaves</b></p> <p>Today’s sound is “ai”. Listen to the chant on seesaw.</p> <p>Explore the sound “ai” on Soundwaves kids.</p> <p><a href="http://www.soundwaveskids.com.au">www.soundwaveskids.com.au</a></p> <p>Complete the student book activity.</p>
<b>Break</b>	Break (30 minutes) Eat & Play	Break (30 minutes) Eat & Play	Break (30 minutes) Eat & Play	Break (30 minutes) Eat & Play
<b>Middle</b>	<p><b>Mathematics</b></p> <p>Listen to the Singing Walrus 1-10 song.</p> <p><a href="https://www.youtube.com/watch?v=DR-cfDsHCGA">https://www.youtube.com/watch?v=DR-cfDsHCGA</a></p>	<p><b>Mathematics</b></p> <p>Listen to the Singing Walrus 1-10 song.</p> <p><a href="https://www.youtube.com/watch?v=DR-cfDsHCGA">https://www.youtube.com/watch?v=DR-cfDsHCGA</a></p> <p>Write the numbers 6-10 down</p>	<p><b>Mathematics</b></p> <p>Listen to the song and count backwards 10-1.</p> <p><a href="https://www.youtube.com/watch?v=LLh_cJq-bsY">https://www.youtube.com/watch?v=LLh_cJq-bsY</a></p> <p>Draw a rocket in the middle of</p>	<p><b>Mathematics</b></p> <p>Shape hunt: Can you find any squares, circles, rectangles or triangles in a magazine or newspaper? Cut them out and label them in your book.</p> <p><b>Counting on from a given number</b></p>

Monday	Tuesday	Wednesday	Thursday
<p>Write the numbers 1-5 down the page using different colours in your book. Example-</p> <p>1 2 3 4 5</p> <p>Number hunt- Walk around your house and find objects including food, clothes or toys.</p> <p>Find 1 pink object.</p> <p>Find 2 orange objects.</p> <p>Find 3 blue objects.</p> <p>Find 4 green objects.</p> <p>Find 5 yellow objects.</p> <p>Draw your objects next to the number in your book.</p> <p>Play some games on iMaths Kids <a href="http://www.imathskids.com.au">www.imathskids.com.au</a></p>	<p>the page using different colours in your book. Example-</p> <p>6 7 8 9 10</p> <p>Number hunt- Walk around your house and find objects including food, clothes or toys.</p> <p>Find 6 red objects.</p> <p>Find 7 orange objects.</p> <p>Find 8 blue objects.</p> <p>Find 9 green objects.</p> <p>Find 10 yellow objects.</p> <p>Draw your objects in your book.</p> <p>Play some games on iMaths Kids <a href="http://www.imathskids.com.au">www.imathskids.com.au</a></p> <p><b>Health</b></p> <p>Jumping! Can you show your family how you jump? Remember to start on 2 feet, bend your knees, swing your arms forward and jump! Land</p>	<p>your page and write the numbers 10-1 down the side. Look at the picture below for ideas. Be creative!</p>  <p>Play some games on iMaths Kids <a href="http://www.imathskids.com.au">www.imathskids.com.au</a></p> <p><b>Health</b></p> <p>Do some mindfulness <a href="https://www.youtube.com/watch?v=O29e4rRMrV4">https://www.youtube.com/watch?v=O29e4rRMrV4</a></p>	<p>Roll a die or pick a number out of a hat (1-10) and practice counting on from that number. E.g. Roll 4 and count on 4,5,6 etc.</p> <p><b>And/ or</b></p> <p>Play a boardgame with your family such as snakes and ladders.</p> <p>Roll a die, then let your parent roll the die. Who rolled the bigger number? Who rolled the lesser number?</p> <p>Take a handful of pegs and let your parent do the same. Who has more pegs and who has less pegs?</p> <p>Play some games on iMaths Kids <a href="http://www.imathskids.com.au">www.imathskids.com.au</a></p> <p><b>Health</b></p> <p>Dance <a href="https://www.youtube.com/watch?v=xYe5gOql45k">https://www.youtube.com/watch?v=xYe5gOql45k</a></p>

	Monday	Tuesday	Wednesday	Thursday
	<b>Health</b> Do some Yoga <a href="https://www.youtube.com/watch?v=LhYtcadR9nw">https://www.youtube.com/watch?v=LhYtcadR9nw</a>	with 2 feet together with bent knees.		
<b>Break</b>	Break (1 hour) Eat & Play	Break (1 hour) Eat & Play	Break (1 hour) Eat & Play	Break (1 hour) Eat & Play
<b>Afternoon</b>	<b>Science and technology</b> Watch the video on Hibernation- <a href="https://www.youtube.com/watch?v=FonCq9YJJxw">https://www.youtube.com/watch?v=FonCq9YJJxw</a> Tell a family member an animal that hibernates. Draw a picture of the animal. Listen to the song on Migration- <a href="https://www.youtube.com/watch?v=l0HaKICM7SA">https://www.youtube.com/watch?v=l0HaKICM7SA</a> Draw a picture of an animal that migrates. Tell a family member why you think animals migrate.	<b>History</b> Who is in your family? Ask each of your family members what country they were born in. Draw a picture of your family.	<b>Creative arts</b> Sing a song with a family member, for example 'Heads shoulders, knees and toes' or 'Row, row, row your boat'. Can you make some actions to go with the song? Make up a dance sequence and perform it for your family.	<b>Science and Technology</b> Listen to the story- 'All Through The Year' by Jane Godwin <a href="https://www.youtube.com/watch?v=Irxu7ANus8U">https://www.youtube.com/watch?v=Irxu7ANus8U</a> Discuss with a family member what the four seasons are. Do you know what season it is now? Draw a picture of what Autumn looks like. Make sure to include, what we eat, what we wear and what activities we do in Autumn?



## Ideas to develop literacy

### Playdough

- use to create letters, words or objects to match a word

### Magnetic letters

- match letters to letters or words in a familiar book or to sight words
- sort letters by colour or shape
- make rhyming words by changing the initial letter e.g. cat, mat, hat
- make new words by changing initial or final letters e.g. can, cap, map, mop, top
- use letters to make any words they know e.g. their name

### Sorting

- Sort pictures based on their initial sounds e.g. desk, duck
- Sort pictures/words with a particular vowel e.g. a: hat, cat; o: mop, box

### Matching

- Match words to pictures or pictures to words
- Puzzles – matching picture to word
- Match sentence beginnings and endings (type a simple sentence and cut up for child to put back together and then read the sentence to check)
- Match labels (e.g. post-it notes) to objects around the house
- Sight word cards - Give 2 of each word (shuffled) for child to match up.

### Locating

- Find all the words on a page which begin with a certain letter
- Find known sight words on a page of a book you are reading together

### Peer reading

- Read to a sibling or different family member
- Retell or talk about a book they have read to another person

### Drawing

- Draw a picture of their favourite character or scene from a book

### Shopping Catalogues

- Browse and ask your child to name (verbally) or label (in writing) known objects e.g. food items

### Listening - with headphones

- Listen to stories read by actors on Storyline Online: <http://www.storylineonline.net/>

### Dramatic Play

- Provide a box of accessories e.g. hats to role play following the reading of a book

### Handwriting

- Sand tray or soft sand paper - use their finger to 'write' letters or words
- 'Write' their letters or words in the air using their finger
- Write on an easel (supports pencil grip)
- Rainbow spelling – write known words or spelling words in different colours



# Some activities and ideas for home for parents of primary and early learners

NSW Department of Education

**Activities for parents of primary and early learners**

- Make or do a jigsaw puzzle
- Bake or cook something
- Make a joke book
- Plan and hold a picnic
- Play indoor mini-golf
- Potato sack race with pillow cases
- Hold a Karaoke concert
- Blindfolded taste test
- Play Pictionary
- Make a shoebox diorama
- Make or play an instrument
- Have a talent show
- Have a talent show
- Read a new book from the library
- Play life-size Noughts and Crosses
- Try some origami
- Paint or draw a picture
- Create an obstacle course
- Build a blanket fort
- Try a new board game
- Write a letter to your future self
- Make a time capsule
- Open a pretend store
- Have a paper plane contest
- Have a paper plane contest
- Play Restaurant or Try Yoga
- Put on a play
- Write or recite poem
- Choreograph a dance
- Choreograph a dance
- Choreograph a dance
- Play water bottle bowling
- Build the tallest tower

education.nsw.gov.au

